



LUIS “MIGUEL” CARRILLO CHEF

Miguel has served as helper, sous chef and now head chef at MorningStar over the past decade of working at MorningStar. Utilizing his Peruvian training in the kitchen, Miguel plans, prepares and serves guests all the scheduled meals during retreats at MorningStar. He has a reputation of making the guests happy and we've never heard that anyone went away from retreat hungry! Miguel is versatile in his menu planning offering nutritious and healthy meals taking into consideration the dietary needs of the groups he is cooking for.